

ADVENT

PRAY25



BE STILL

HALLOW PRESENTS

BESTILL

This Advent, join Jonathan Roumie, Sr. Miriam James Heidland, Fr. John Burns, Chris Pratt, Gwen Stefani, Mother Natalia, and Fr. Pierre Touissant for Pray25 — a journey into the Christmas story as it truly was.

The journey from Nazareth to Bethlehem was one of risk, uncertainty, and chaos — yet, somehow, it remained marked by a sacred stillness and an unshakeable peace. How was this possible?

Over the next 25 days, we'll walk alongside Mary and Joseph and learn from their holy examples. Guided by the Infancy Narratives and Caryll Houselander's *The Reed of God*, we'll explore how stillness and surrender can anchor our hearts and help us claim peace amid life's chaos.

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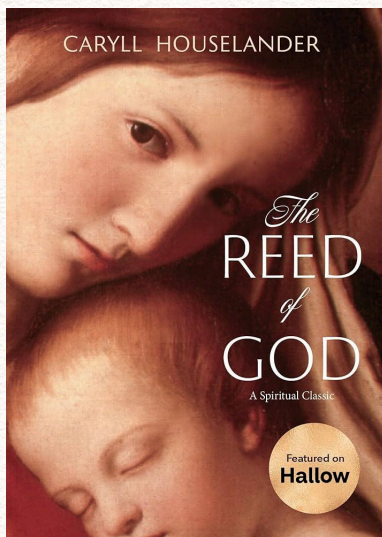
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PRAY25 BOOKS

Throughout Pray25, we will journey through some incredible books, *The Reed of God* by Caryll Houselander, and *The Ruthless Elimination of Hurry* by John Mark Comer.



The Reed of God is a spiritual classic that invites readers to encounter Mary, the Mother of God, not as a distant, untouchable figure but as deeply human—one whose openness to God made divine love visible in the world. If you'd like to purchase your own copy to follow along with Pray25 visit: <https://hallow.com/reed>



The Ruthless Elimination of Hurry is a fascinating roadmap to staying emotionally healthy and spiritually alive in the chaos of the modern world. If you'd like to purchase your own copy to follow along with Pray25 visit: <https://hallow.com/ruthless>

DAY 1

FOLLOW ME & REST

What do you hope to come away with at the end of our Advent journey?

"Come. Follow me and rest."

DAY 2

SILENCE IS THE CURE

Where do you need silence in your own life today?

"Strangely enough, those who complain the loudest of the emptiness of their lives are usually people whose lives are overcrowded..."

DAY 3

CONSENT

What is God asking you to do today?
Where is He waiting for your "yes"?

"It was so tremendous, yet so passive. [Mary] was not asked to do anything herself, but to let something be done to her. She was not asked to renounce anything, but to receive an incredible gift."

DAY 4

ANNUNCIATION

What fear is living in your own heart today?
How can you surrender it to God more fully now?

"Lord, I give you permission to come to me, right here. God, I invite you to speak your word, your love... over my heart, my life, and the situations that burden me."

DAY 5 – RUTHLESS ELIMINATION OF HURRY

SABBATH

What would your ideal Sabbath look like?

“When we fight this work-six-days, Sabbath-one-day rhythm, we go against the grain of the universe... Fight it, fight God. Fight God, fight our own souls.”

DAY 6 – SATURDAY WITH THE SAINTS

ST. FAUSTINA

Was anything difficult during the moment of silence today? What helped you stay focused?

“Strive for a life of recollection so that you can hear My voice, which is so soft that only recollected souls can hear it.”

DAY 7 – SUNDAY HOMILY WITH

FR. PIERRE TOUSSAINT

Write down your notes and thoughts from this day.

“Right now, in this season, God is inviting us to simply sit in silence, to be left in waiting... so that we’re standing in awe before the Lord at the majesty of who He is, humbled by the fact that God desires to be with us in this way.”

DAY 8

FIAT

Where can you offer your own fiat to God today?

“Our Lady said yes for the human race. Each one of us must echo that yes for our own lives. We are all asked if we will surrender what we are, our humanity, our flesh and blood, to the Holy Spirit and allow Christ to fill the emptiness formed by the particular shape of our life.”

DAY 9

FACING OUR FEARS

Where do you fear judgment in your own life?
What small step can you take to offer that to God today?

“The Lord Himself will fight for you, you need only to be still.”

DAY 10

JOY

Where in your own life has trusting God led to true joy?

“With that glimpse, saw God’s Word proved true. Nothing would be impossible for God.”

DAY 11 – LECTIO

MAGNIFICAT

How can you offer your own Magnificat to God today?

“The truth is — that journey, from uncertainty to trust, from joy to worship — it’s not reserved for those who lived thousands of years ago. It’s available and waiting for us today.”

DAY 12 – RUTHLESS ELIMINATION OF HURRY

QUIET PLACE

What one change can you make, beginning today, to make more space for quiet in your life?

“Without solitude it is virtually impossible to live a spiritual life.... We do not take the spiritual life seriously if we do not set aside some time to be with God and listen to him.”

DAY 13 – SATURDAY WITH THE SAINTS

MOTHER TERESA

How has silence impacted your own prayer life so far this Advent?

“The beginning of prayer is silence. If we really want to pray we must first learn to listen, for in the silence of the heart God speaks.”

DAY 14 – SUNDAY HOMILY WITH

FR. PIERRE TOUSSAINT

Write down your notes and thoughts from this day.

“Something does change when we trust God. But it may not always be our circumstances. Often, the thing that changes is our disposition and our hearts, our knowing that God is with us in this place.”

DAY 15

THE SEARCH FOR SHELTER

What doors in your life is God asking you to open to Him today?

“Christ wants to be at home in your soul. He will not go away and leave you if the house is chilly and uncomfortable; he loves you too much to leave you.”

DAY 16

WOOD OF THE MANGER, WOOD OF THE CROSS

How do you persevere through uncertainty, risk, and grief in seasons of your life? How can Mary be an example for you?

“She ‘wrapped Him up in swaddling clothes and laid Him in a manger.’ As if her first act was to lay Him on the Cross...”

DAY 17

PEACE ON EARTH

Where is God calling you to seek Christ today?

“In our seeking for the lost Child, our contemplation of Our Lady becomes active... Where must we seek? Everywhere—in everyone. How must we seek? With faith and courage and limitless love.”

DAY 18 – LECTIO

BETHLEHEM

Where is God calling you to trust Him, by surrendering your own plans today?

“The small, safe life they had once dreamed of had to be dwarfed by the magnificence of what God really had for them, even at such a cost.”

DAY 19 – RUTHLESS ELIMINATION OF HURRY

ABIDE

Where can you make a commitment to slow down and be present today?

“...All the best stuff is in the present, the now... If there’s a formula for a happy life, it’s quite simple—inhabit the moment. Each moment is full of goodness. Why are we in such a hurry to rush on to the next one?”

DAY 20 – SATURDAY WITH THE SAINTS

ST. TERESA OF ÁVILA

What’s one thing that came to mind during your time with Christ at the pillar in today’s session?

“Let nothing disturb you. Let nothing frighten you. All things are passing away: God never changes. Patience obtains all things. Whoever has God lacks nothing; God alone suffices.”

DAY 21 – SUNDAY HOMILY WITH

FR. PIERRE TOUSSAINT

Write down your notes and thoughts from this day.

“As Jesus’ hands are raised up in supplication for us on the cross, is itself a mirror of the way the hands of the infant Jesus are raised, towards Our Lady, for her to pick him up...”

DAY 22

PONDERING

Take a moment just to ponder all God has done in your own heart this Advent. How has God moved in your own story?

“Listen. Be silent. Let Christ speak to you. Forget yourself, do not be self-centered, let him tell you how he loves you, show you what he is like, prove to you that he is real.”

DAY 23

JUST THE BEGINNING

Where has saying "yes" to God led you in your own life?

"Mary's fiat doesn't end with the Nativity...she cradles the lifeless body of her Son, the same baby she cradled 33 years before in Bethlehem. And her fiat echoes once more — Be it done to me according to your word."

DAY 24

WALK WITH OUR LADY

What are you anticipating as you approach Christmas Day? How did today's session prepare you?

"And invite your heart to remember deep within, that as Mary walks with you ... she loves you, and she is a woman who will only bless, who will only desire to heal you, and to bring you into union with her son. She won't take from you; she only gives. She's the mother that Jesus gave you."

DAY 25

KNOW THAT I AM GOD

What will you take with you from this Advent journey?

“Be still and know that I am God! I am exalted among the nations, exalted on the earth. The LORD of hosts is with us; our stronghold is the God of Jacob.”